

University of Pretoria Yearbook 2016

Applied nutrition 252 (EXE 252)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	8.00
Service modules	Faculty of Humanities
Prerequisites	EXE 152
Contact time	3 lectures per week
Language of tuition	Double Medium
Academic organisation	Sport and Leisure Studies
Period of presentation	Quarter 2

Module content

*Service module offered by the Department of Human Nutrition for Biokinetics, Sport and Leisure Sciences.

*Closed – requires departmental selection.

Food environment, nutrition during growth, nutrition and physical fitness, nutrition and stress management.

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